

What is our goal?

Empowering young women to succeed in becoming:

- ☑ Self-supporting (*without government financial assistance*).
- ☑ Capable of living independently.
- ☑ Resilient to negative peer pressures.
- ☑ Effective at managing drug and alcohol challenges.
- ☑ Competent employees or post-secondary students.

What do they give back?

All residents are required to participate in outside volunteer groups as a part of the program.

Why 19 to 29 year olds?

Studies identify this age group as the developmental stage when people choose their life patterns and are most open to change.

Why are we unique?

- ☑ We create an alternative to homelessness for adult young women, aged 19-29, who are vulnerable to marginalization.
- ☑ We are located in a rural area, away from urban influences and triggers.
- ☑ We provide community living in an alcohol and illegal drug-free environment for six women, chosen for their motivation and commitment to change.
- ☑ We offer an extensive 18 month holistic life skills empowerment program, focusing on six fundamental elements.
- ☑ We utilize identified therapeutic and healing strategies (*protective factors*) that are proven successful in overcoming the effects of clients' negative experiences (*risk factors*).
- ☑ We present the opportunity to practice independent living prior to reintegration into the community.
- ☑ We facilitate a connection with two mentors per client during and following their residency, supporting their transition into success.

Would you be our friend?

Examples of financial giving:

- ☑ Join the MOMSS' Friends Club (*monthly donations*)
- ☑ Single donation
- ☑ Adopt a bed
- ☑ Sponsor meals
- ☑ Sponsor training
- ☑ Sponsor a staff member
- ☑ Adopt a utility
- ☑ See our website for more information about these and other innovative ideas.

How do I make a donation?

- ☑ Mail a cheque payable to MOMSS
- ☑ Drop off your donation at Integris Credit Union (*please call us for the account number*)
- ☑ Phone our office to make your donation with your credit card
- ☑ Pay directly through our website
- ☑ Phone us for assistance.

Be a part of the solution

Would you be
one of
MOMSS'
friends?



MAKING
OURSELVES
MATTER
SERVICES
SOCIETY

What is our mission?

To provide a supportive nurturing environment that will empower young women at risk to become competent, productive, and contributing members of the community.

How do you contact us?

PO Box 23052
Prince George, BC V2N 6Z2

Phone: 250-964-9088

Website: www.momss.ca

Email:

making.ourselves.matter@gmail.com

MOMSS is incorporated under the Society Act. Please ask us about charitable receipts.

We gratefully acknowledge those who have already so generously supported this program.

Donation from one of MOMSS' Friends:

Name: _____

Address: _____

Postal Code: _____

Email: _____ Phone: _____

Signature: _____ Date: _____

Donation \$ _____ Monthly (please call us to make arrangements) Single Donation

Adopt a Bed Sponsor Meals Sponsor Staff Member Adopt a Utility other _____
(Please make cheques payable to MOMSS, and mail with this form to PO Box 23052, Prince George, BC V2N 6Z2)